Every Month many women s Excessive or Scant Menstruatic they don't know who to confide in to get proper advice. Don't confide in anybody but try Bradfield's Female Regulator

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THE ART OF CONVERSATION. Excessive Talking Is to Be Carefully Avoided.

American society is distinguished for its talkers. Intelligent men and women of this country show a tact, an expressiveness and a facility in conversation which have impressed the English and the Germans and delighted the lively Gaul. The famous wits of the last century were too studied and formal. Dr. Johnson was the acknowledged king in London's most brilliant circle, and he said Goldsmith "would have made little fishes talk like great whales."

Latterly, English drawing rooms are given over to the "state of the mar-kets" and "the price of cattle." The the physician. However, even the vital English woman has no mind outside her husband's and he chooses to be the Such conditions are unknown here.

You will hear as many opinions advanced and discussed by women as by men. We treat our women with a chivalrous deference which they demand and deserve. A German lady ings in your teeth where they have de-does not dream of demanding it. The cayed? American girl's absolute freedom of speech and movement, who has not sound. An autopsy would not give heard of it? What foreign paper does either you or me a clean bill of health.

not comment on it? And how little the As we advance in life the complete inmuch he misunderstands it!

Nothing is so easy of abuse, however, as liberty in politics, art, manners, shaky. speech or aught else.

Words are winged messengers which, once they leave our nimble tongues. live, move, work for good or ill and, like chickens, come home to roost.

conversationalist. It paled Macaulay's find abnormalities in the skeletons of splendor. How one longed for a flash human beings. Occasionally a man or of silence! But you never got it. A woman will have twenty-six ribs—thirprominent Episcopal bishop was criticised as the prince of preachers, if he twenty-four. This is regarded as a rehad not quite so much to say. Many a version to a primitive type of structure, brilliant girl talks all her would-be husbands out of court. (This is not a teen ribs on each side. The anthropoid pun.) She may aver: "I do not care!" apes have only twenty-four ribs. Of That does not alter the fact that her nil mammals the bat has the gift is repellent when it should be at- number of ribs. Man at his fullest de-

take breath, and also to possess your own soul and listen to your compan- mals have seven bones in the neck, ions. It takes more than one to make with two exceptions. The sloth has a conversation successful, nor must the responding party do nothing but mut- laow long the neck is it always has ter monosvilables.

ever be seasoned with charity. It is the difference is that they are longer. tempting to be witty at another's expense, to strain after a morbid superiority by professing a deal of cynicism, to make smart epigrams of criti-cism upon other people, but doing this habitually never, never pays. If sought at all, such a conversationalist is only a passing amusement; people will go mewhere else for higher stimulus. Mark this ruling out of abuses does not traordinarily well done and were taken include slander and malicious folly. That is supposed to be beneath our notice. But is it? Do we never forget ourselves here? We candidly confess we often reproach ourselves with taking dangerous liberties with a very dangerous member. How strangely sad that the gift of conversation, so noble, so powerful, without which we cannot imagine life worth living, is chatter and light-winged carelessness, but absolute stabbing of cruel wounds. sometimes never healed on earth. Such a great gift demands great grace in the using .- N. Y. Ledger.

Killing Too Many Birds in France. The senseless destruction of birds which has been going on so wantonly in rural France is meeting with its natural punishment. The farmers are feeling seriously the plagues entailed by the scarcity of these feathered verman-destroyers. Swarms of insects are preying upon the fruit trees and the

vines are afflicted by diseases which, if not directly caused by insects, are certainly propagated by them. In the south of France the larks, goldfinches, nightingales and other small birds are nearly extinct. Even the swallows are snared for the sake of their feathers. To this unreasoning killing off of the birds is also attributed a great increase of gadflies and other insects which annov cattle and horses.-Pittsburgh Chronicle-Telegraph.

"Maud, did Mr. Jones take any of the ranged. umbrellas or hats from the hall last

lose it. -Ram's Horn.

Antiquity of Surpliced Choirs. Surpliced choirs, wearing the vestment now used under that name, date back to about the eleventh century. when that particular modification of the socient alb and rochet was intro-Suced and the name was also invented. At that time it was found awkward to put on the old narrow sleeved vestments over the furred dresses which the dignitaries began to wear to protect themselves against the cold and drafty churches; so the garment was made looser and the sleeves widened into the present well-known shape to get rid of that difficulty, and the name of our pelisse (that which is worn over a fur dress) was given to the altered

When Baby was tick, no gave her Casteria. When she was a Child, she cred for Castoria. When she became Miss, she clung to Castoria. When she had Chi dren, she gave them CastoriaFEW PEOPLE WHOLLY SOUND. early Everybody Has Some Organ Which

The autopsy performed the other day in the body of a murderer disclosed the fact that he was a very much diseased man. Judging from the statement of the physicians it seems as though nearly every vital organ from the brain to the spleen had something the matter with it. Reports of post mortem examinations always seem to disclose a remarkable number of such abnormalities, even in the apparently healthy person who has been suddenly killed by an accident. "The fact is, that hardly any human being, even in the flush of youth and health, is wholly sound," said Dr. D. S. Lamb, of the Army Medical museum, "Even the sturdiest children are not so. The reason of it is that all human beings are constantly liable to injuries which are apt to be permanent. Our lungs are affected by the dust we breathe. The number of instantaneous photographs exposures to colds which we must encounter now and then leave their traces. Of all the people whose bodies I have dissected after death not less than one-half have exhibited indications of an attack of pleurisy at some time in the past. Doubtless most of them never knew that they had suffered from the complaint. Beginning life as a squalling infant, one goes through the world meeting injury after injury through exposure, accident and disease. These injuries leave their traces on various organs of the When an autopsy is perbody. organs may work very well, notwithstanding the existence of acquired abnormalities. Though you yourself have every appearance of being sound and healthy, you are not completely so

"As I have said, none of us is wholly average outsider knows about it! How tegrity of our physical structure is more and more impaired. By the time we reach old age it has got to be What, then, keeps us from dying? It is a power of resistance inherent in the individual. Nobody knows where that power lies, but it exists. Bible teaches me that if a man smite People of temperate and careful habits live longer than others, because they Excessive talking ruins many a good avoid injuries and exposures. We often teen on a side-instead of the usual inasmuch as many monkeys have thirvelopment has the smallest number of It is advisable to stop, first of all, to bones among all mammals, and rodents possess the greatest number. All mamnine and the sea cow eight. No matter seven vertebræ. The giraffe has only The gift of vivacious speech should as many bones in its neck as a man has;

normal? And are there not gold fill-

INSTANTANEOUS PHOTOGRAPHS The Probable Influence They Will Have on the Art of the Future.

In Rome recently instantaneous photographs have been taken of horses in motion, jumping hurdles and fivefoot gates. The photographs were exwith an exposure of 1-200 part

Undoubtedly these photographs will be of great interest, not alone to artisans and photographers but also to sportsmen-to the one on account of the magnificent detail, and to the other as showing the position of horse and rider in motion.

Notwithstanding the fact that they show the position of the horse and rider in the air it is a serious question whether the artist should follow these photographs. Most of the pictures show the figures to be in a strained position, rather awkward than graceful, and certainly not in accordance with the pictures of animals in motion we are accustomed to meet in the works of

De la Sizeranon has an excellent artide on the subject of the relation of HINDOO REMEDY photography to art in one of the last numbers of the Revue des Deux Mondes. According to him the whole art of so-called historical landscape painting has been relegated to the valley of

In perspective photography has made it possible for us to appreciate more accurately the size of figures in different planes. Photography has also simplifled to an astonishing degree the pro ductions of panoramas. The fact that there are many panoramas to-day produced with most astonishing and lifelike details is probably owing to the fact that the photographs are taken of -Bobby (at the breakfast-table) the scenes with the details prear-

After noting the influence of photonight?" Maud—"Why, of course not. graphs of different countries in com-Why should he?" Bobby—"That's just pletely changing the productions of so-what I'd like to know. I thought he called fancy tropical landscapes and did, because I heard him say, when he imaginary eastern scenes, as also the was going out, I'm going to steal just revolution it has brought about in the " Why, what's the matter, art of portraiture, M. de la Sizeranon goes on to discuss what may be ex--Temper is a good thing until you pected from photography in the future. Slight allusion is made to the experiments of M. Lippmann and his positive assertion of having produced color photographs, which statement is beleved by many men of science to be impossible and for good reasons, which it is not necessary now and here to

dilate on. The same author devotes some pages to Mnybridge's instantaneous photographs of horses in active motion and nquires whether we are to accept the often extremely ugly and awkward poses shown in them as being nearer reality than those which eye supposes itself to see. He thinks not; and there are many more

of his opinion. In other words, are the awkward poses shown in these photographs of instantaneous motion any nearer the reality than the modern battle pictures of Detaille-which are conceded to be a violent extreme? There are arguments pro and con. The photograph presents to us a fixed and inenovable picture of the position in which the animal remained for 1-200 part of a second. To the eye this posttion is blended with the one imme diately following it, and so forms a harmonious ensemble. Every movement of the animal consists of a suc-

cession of poses which, lasting so in finitesimally short a space of time that the eye sees none of them separately no more than the eye can see the spokes of a locomotive revolving at a rate rapid enough to propel a train fifty or sixty miles an hour, although the lens shows the individual spokes. What we do see when the motion is not too quick to preclude our seeing anything distinctly, is a generalized representation of the whole. A kind of composite photograph is not an approximate picture of this nearer the truth than any

of separate poses.

Be that as i may, it is a distinct gain that the classic charger, with blazing eyes and halo of steam and froth 'issuing from mouth and nose at full gal lop, with all four legs extended in the air at once, which never existed in the heavens above or the earth beneathexcept in battle pictures-should have been driven from the field by the instantaneous photograph. -N. Y. World.

At the Club. McCormick-Why do you always call your wife an old hen? McHenry-Because she always lays for me when I go home late at night .-

DUTY TO GOD AND MAN. An Athletic Prelate Who Declined to Shel-

ter Behiral the Cloth. The late Bishop Selwyn, of New Zeain reality. Do you not wear eye-glasses land and Melanesia, was well known because the shape of your eyes is not during his university days at Oxford as a devotee of the noble art of selfdefense, says the Washington News. He incurred a great deal of animosity from a certain section in New Zealand. owing to his sympathy with the Maoris during the war. One day he was asked by a rough in one of the back streets of Auckland if he was the "bishop who backed up the Maoris." Receiving a reply in the affirmative, the rough, with "take that, then!" struck his lordship in the face.

"My friend," said the bishop, "my thee on one cheek turn him the other.' and he turned his head the other way. His assailant, slightly bewildered, struck him again.
"Now," said his lordship, "having

done my duty to God, I will do my duty to man," and, taking off his coat and hat, he gave the anti-Maori champion a most scientific thrashing.

On another occasion he was going down the river Walkato with a Maori, when the latter, who was very lazy, left off paddling the canoe, at the same time muttering that if Selwyn were not a bishop he would-well, "go for him." In a moment the bishop told the man to turn the canoe ashore where, stripping himself of everything episcopal, he said, pointing to the

"The bishop lies there; the man is here. I am quite ready: come on." The Maori did not "come on," how ever, but quietly resumed his work without another murmur

May depend upon the way you treat the warrings which nature gives. A tew horthes of

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tes in commendation of the great curatives contained in Swift's Special (S.S.S.) I ally one of the best tonics I ever used. "JOHN W. DANIEL, Anderson, S. C." SWIFT SPECIFIC CO., Atlanta, Ga.



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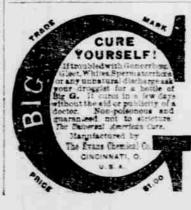
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GEN. BUTLER'S son Paul is to put the

ld vacht America into commission this

MISS FRANCES WILLARD WIll prolong

er stay abread till September on ac-

PRESIDENT CLEVELAND'S COUNTRY

hat was once the property of Francis

Scott Key, author of "The Star Span-

JAMES HAGAN, the pressman who

rinted the first copy of the Philadel-

ohia Ledger, and who worked for that

paper for forty-six years, is still liv-

MARY WALES, an ancient Boston

spinster who died recently, left her

ntire fortune, amounting to about

88,000, to her pet Thomas cat, called

Otto. This Otto last him his whole nine

REV. WILLIAM C. WINSLOW, of Bos-

ton, the eminent archaeologist, has

been elected an honorary member of

the society of Science and Arts of Great

Britain on account of his valuable labor

Ir is estimated that the late George

Seney gave away, during his life

ime, at least \$2,000,000 for charitable

purposes. He considered money hoard-

ng the danger of the time, and looked

Mas. Backer Coopen, a colored wom-

an who died a few days ago in Phila-delphia, was in her 113th year. It was

er boast that she "had been a Chris-

an for ninety years." She was in full

ossession of her faculties up to within

has been to provide continuous elec-

trical illumination at night from bal-

Tan electrical weeklies are just now

teeming with illustrations of electrical

effects at the world's fair. According

to these the old nursery stories of

fairyland are actually eclipsed by the

Pror. vox Strix, a well-known Mos-

cow physician, claims to have discor-

red a new cure for rheumatism by

means of the electric light. The light

used is a small incandescent lamp.

whose rays are applied to the afflicted

the treatment depends on the ability

of the patient to endure the heat.

upon himself merely as the great trus-

as an Orientalist.

tee of his great wealth.

He was retired on a pension in

use, "Woodly," is a fine old mapsion

ount of her health.

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has been engaged for some time in conducting some curious experiments with regard to the influence of electricity upon plant growth. These trial tests prove that corn, wheat, tobacco, beans-in fact, everything upon which experiments were made-were highly benefited by the influence of the elec-

tric current. THE JOKER.

"You look sleepy. You must have been up with the boys last night." "I We have twins at our house WES.

each week now?" Mrs. Hopkins-"I the circle. He found that invariable suppose so. He has to be brought favorites among his poems home from the club in a carriage every night."-Inter Ocean.

A SELF ILLUMINATOR -Judge-"How did you recognize your assailant if it was pitch dark at the time?" The ers," not, as he said, for fame, or for Battered Citizen-"Oh, he t'umped me money, or for conscience" sake, but of so ard, your anner, dat I saw him by necessity. Yet it brought him both de starlight!"-Truth.

caught you in his apple tree to-day. What were you doing there?" "Study 'What?' Don't lie to me, John What were you studying?" ples."-Harper's Bazar.

THE RETORY COUNTROUS. - Married Man-"Why don't you get married Miss Perkins? You are getting to took like a 'back number' soon be an old maid." Miss Perkins-"If I were as easy to please as your wife was, I would have been married long ago."-Yankee Blade.

IN ASIA AND AFRICA. THE roofs of Egyptian temples are

a few days of her death. omposed of huge blocks of stone laid ELECTRICAL FLASHES. from column to column. THE wives of Siamese noblemen at once passed over the congregation. Some extensive experiments have rewear knee pants, and cut their hair so ently been made in connection with the German army, the object of which

that it sticks straight up from their heads. The average length of their hair is about an inch and a half. The number of slaves exported from Africa during the eighteenth century is calculated at six millions. In 1748

shipped from the west coast alone. BALD-HEADS are rare in China. A ventice Are. Mongolian genius years ago discovered method of sticking in hairs in the bald spots, and his secret was soon learned by his imitative countrymen. THE tusks of an elephant weigh from thirty to seventy pounds each, and sell for about five dollars per

I tain from it large quantities of fat.

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LITERARY SMALL TALK.

Dr. Essueston denies the current report that he is to rewrite the

"Hoosier Schoolmaster." GEORGE BANGROFT's library, offered to congress for \$75,000, has been bought by the Lenox library, New York, for \$80,000. nowadays. She was at one time re-

"I off and she now lives with her mother in a New York flat. JAMES WHITCOME RILEY has returned "Does Mr. Hopkins get pald in full to Indianapolis after a swing around

"Curvature of the Spine," "Goblins" and "The Bear Story." John Reselv. the new laureate. wrote his first book, "Modern Paint-

fame and money and helped him to "JOHNSY. Mr. Barlow tells me he preserve an easy conscience.

SOMETHING NEW.

A Japanese inventor has patented a device by which every member of the parliament may record his vote by pressing an electric button at his deak. A New Yorken thinks he has invented an engine to be worked by gases instead of steam, able to drive a fivethousand-ton ship thirty-five miles an hour. The highest average speed today is twenty miles.

As experiment in cooling a church was tried by a darky usher in Greens-borough, N. C. He found it difficult to lower the windows, so conceived the happy thought of carrying the thermeter out of doors. A cool wave

As Englishman has somred an American patent on a device which he calls a manual gymnasium for musicians. strip of leather attached above the elbow rugs to a series of springs connected with each finger and thumb of the hand. The arrangement allows nearly one hundred thousand were the gymnast to gain effects and shipped from the west coast alone. agility by working the fingers.—InThe Bed of the Pacific.

If the Pacific could be laid bare we should have a most singular spectacle. There would be a number of mountains with truncated tops scuttered over it, and those mountains would have an appearance just the reverse of that presented by the mountains we. see on the shore. The mountains on NELLER BLY is not often heard of the shore are covered with vegetation at their bases, while their tops are harported to be engaged to a well-known | ren or sovered with snow, but these editor, but their relations were broken | mountains would be perfectly bare at their bases and all round their t they would be covered with beautiful vegetation of coral polypi.

A Ruddy Glow

on cheek comment is evidence 's that the body is

getting proper nourishment.

When this glow of health is absent assimilation is wrong. and health is letting down.

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waste, regardless of the cause. Consumption must vield to treatment that stops waste and builds flesh anew. Almost as palatable as milk. Present by South & Bowns, N. T. All designate.

